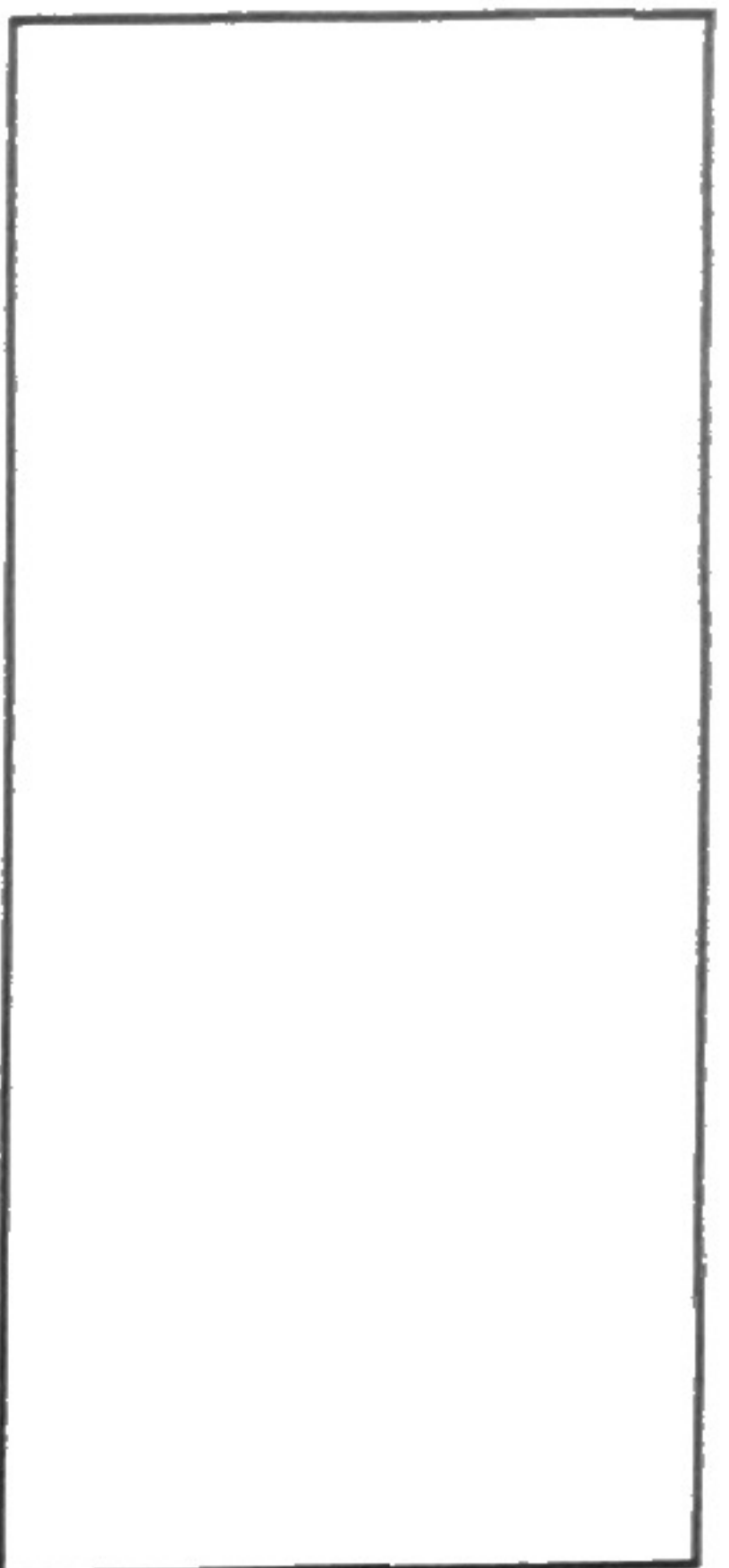




“My Hands” Project



1. You will create your hand for this project. You may choose any medium you feel recreates your hand that represents you. Creative, individual hands are the key. Remember, “they are yours”! Cut out the hand or display it in any creative manner you find represents you. Be creative. You may use paint, pictures, cutouts, gift-wrap, drawings, papier-mâché, stickers, glitter, or anything that expresses you.
2. You are to label each finger with words and symbols representing the following ideas:
 - A. Pinkie Finger**
 1. What do you “worry” about that is “so wasteful”?
 - B. Pointer Finger**
 1. What has tried to block your direction, trying to take or confiscate things from you?
 2. What has hindered you being yourself?
 3. What has blocked your way to reach your goals or dreams?
 - C. Middle Finger**
 1. What do you “pray for” or “hope” for?
 - D. Ring Finger**
 1. When did “heartache come to visit” you?
 2. What obstacles have you faced in life?
 3. How have you overcome these obstacles?
 - E. Thumb**
 1. What important skills have you gained in your life so far?
 2. What are you good at?
 3. What are your talents and abilities?
 4. You need at least two quotes from others describing you. To do this, you will need to ask the following question of a parent or guardian, and a close friend: “*What is it about me that makes this world a better place?*” You must quote both your parent/guardian and friend. For example: “Ryan is special because he always makes the best out of a situation.” Mom
 - F. The Wrist**
 1. What do you “stand up for” that often “has no voice”?
 2. What are your causes?
 - G. The Palm**
 1. What is the core of your strength?
 2. Is it physical, emotional, or spiritual?
 3. What shapes your values and beliefs?
 4. From whom do you gain wisdom?



Hand Assignment Evaluation



Item	Possible Points	Earned Points	Comments
1. Hand Represented	10		
2. Written Explanation	30		
3. Decorated	20		
4. Quotes from parent or guardian and friend	10		
5. Creative, Expressive, and Colorful	10		
6. Presentation	10		
7. Spelling	10		
TOTAL	<u>100</u>		